

From: wingheart5 [REDACTED]
Subject: warning
Date: June 22, 2009 9:54:47 AM PDT
To: TOOKIE [REDACTED]

Hi Tookie,

I just want you to have this information to be one step a head. Michael is showing and telling his fans of his fragile state and his inability to do 50 shows. It seems like he is setting himself up to be the victim. I see his pattern once again emerging with his care takers. He uses them to finance his life...and then moves on when he can not deliver on his promises. I am not saying his original intent isn't to fulfill his obligations, but I am merely speculating that he becomes paralyze with fear. This is why I thought therapy for him is the most important element to his being able to succeed.

When he asked me to do this in May and met with him; I saw a slender, but strong and coherent Michael Jackson. All this hurts me all the way around. I see so many people invest in his success, and believe in him, then I have to watch him self destruct. I have seen with my own eyes...him deteriorate physically in a month. I have seen him do this several times in my relationship with him.

I watch him turn people against each other who are working so hard to help him. I want nothing more than to see him and his art continue to thrive and live on, not only for history and himself but for his children sake.

He hurts himself most of all.

I love and care about Michael like a brother, a family member, and I pray that you are correct, when you say you have it under control and figured out. I trust you. I also care about you. I don't think you, Kenny, or Randy deserve becoming the villains, or the financial victims. I think EVERYONE deserves to have amazing success. We need to all be on the same page at all times. You do not want him to collapse in front of several hundred thousand people. He has created many witnesses so far.

Michael is painfully thin...his bones are protruding. I am one person that has physical contact with him every day. Michael's OCD is getting worse. He repeats his actions and rambling words constantly, rarely coherent with the present conversation. I see Travis struggling and winded, just "going through the motions" at rehearsal doing MJ's part. We are having Michael on a cherry picker out over the audience, climbing very high steep steps...and so far, he can not even walk down the ramp without assistance. Kenny has asked the female dancer to assist him as they leave the stage...

This is between you and me alone. I am leaving this in your hands as you have instructed me to do.

I am getting many emails from fans similar to this one...he is delivering this message to the public himself.

He also brought in several fans at Culver City Studios, and they saw the bones protruding down his back, when he tried on some clothing they gave him.

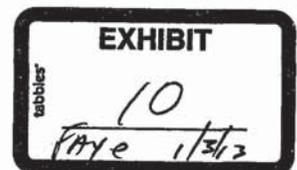
Karen, Michael...

There is something that has been worrying me for several months now. I think there is something wrong with Michael and his health or his self-image about his weight and I am really worried.

I have been afraid to say anything to anyone because it's probably not really my place to talk about something so personal concerning Michael, and talking about it amongst fans can make you an outcast because it is regarded as criticising Michael. But I want to know if he is alright. I also want to know if he is not alright that someone is intervening and doing something about it. There are always new people around Michael and as has always been obvious they do not always have his best interest at heart because of their own interests, but I expect that you really care about Michael in a way that you would perhaps cross a line that others might not if you saw that he is somehow hurting himself.

It is painfully obvious that Michael is TOO THIN. I know that Michael's weight fluctuates, and he is often mostly too thin anyways, but NOW he is REALLY TOO THIN. I first noticed back in October that his weight was really plummeting. I spent a couple hours with Michael in his Bel Air suite at Halloween, and it really struck me how thin he was even back then. When we hugged I felt there was literally nothing to him. I told him to please take care of himself and stay healthy and that he looked good-I was trying to make a point that he doesn't need to lose more, that he looks good already, to stop now. Naturally this embarrassed him and he mostly just smiled and said thank you without knowing what to say. I also wrote him a letter about it, which he read but only replied again saying thank you.

Michael told me back then that he was preparing a tour and so I thought perhaps it is normal for him to slim down in preparation. I expected that he would become very weight-conscious. But now it seems he has gone TOO FAR. I met him inside the dance rehearsal studio a couple weeks ago and I was honestly SHOCKED. I noticed how the bones of his shoulders were LITERALLY protruding, poking through the material of his black fitted top. He was SCARY SKINNY. When we hugged I felt his skeleton. I felt very worried and very sad for



him.

He was also looking very down and stressed and his demeanor and voice were very frail. HE ACTUALLY SAID he was stressed and worried how he will be able to do all 50 shows, that he does not eat enough, and he does not have enough breaks between shows. Clearly the situation is too much for him, it is making him SICK...whether it is self-imposed because he is not eating or something else.

DOES NO ONE ELSE AROUND HIM EVERYDAY SEE THIS???

Karen do you see this? Do you say anything to him?
Michael do you see this when you go over wardrobe?
Do you say anything to him?

PLEASE INTERVENE AND HELP. I really think he is to the point where something bad and regrettable could happen to him. I don't mean to suggest that you are responsible for him but AS A FRIEND AND ONE OF THE VERY FEW CONSISTENT PEOPLE around him that I think TRULY CARES about him, please risk saying something to him if you have not already.

Michael Amir, Alberto and Faheem have begun to restrict access to Michael and I'm now no longer allowed to even give a letter into his hands without them reading it first. They have many excuses that Michael is tired or in tour mode now or it's for his safety. This is ridiculous after 15 years of seeing Michael, I don't expect to be treated this way as if I would somehow harm him. I may be "just a fan" but I have been there for Michael for a really long time before them and will surely be here after them and Michael needs to hear from his fans when it is clear he is distressed, and those on the inside aren't always worried for him but probably more concerned for their jobs should they say something deemed inappropriate. THEY MUST SEE that Michael is wasting down to nothing, but I don't trust that they say or do anything. And shutting his fans out during this time is not what he needs. I see how alone Michael is, and heard from him how heavy he feels under the pressure. He has his children, but they are his responsibility to look after not the other way around, and so beyond his children his close friends are very few and far between. Everyone else around him in this time is focused on This Is It. I have seen in the past couple years that no one has really been around for him in Las Vegas, then Bel Air, now Los Angeles, no one who really cares for him as a friend and not just as a business. Except of course the two of you.

If he is suffering from something serious, physically or mentally, regarding his weight or health, please intervene. Please let me know that he is alright. These concerts are not worth jeopardizing his life.

I'm really in tears for him, for the state that I saw him in. If you've already said something to him, please give him this letter if you think he needs to hear it again from someone else. I'm sure whatever exactly is going on must be a fragile situation but please don't avoid it altogether. I'm so worried. Please tell me he is okay. Above that, please tell me the TRUTH.

I love him. Please help him if he needs it. I wish I could do something, I feel helpless.

Thank you for reading,
Sandy

Sandy Stadler
New York City